

Our Nevada

Iowa

November
2022

Snow Plows In Art Class

See how Nevada Schools and the City of Nevada joined forces for an educational and fun project.

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Flu Shots & Vaccines

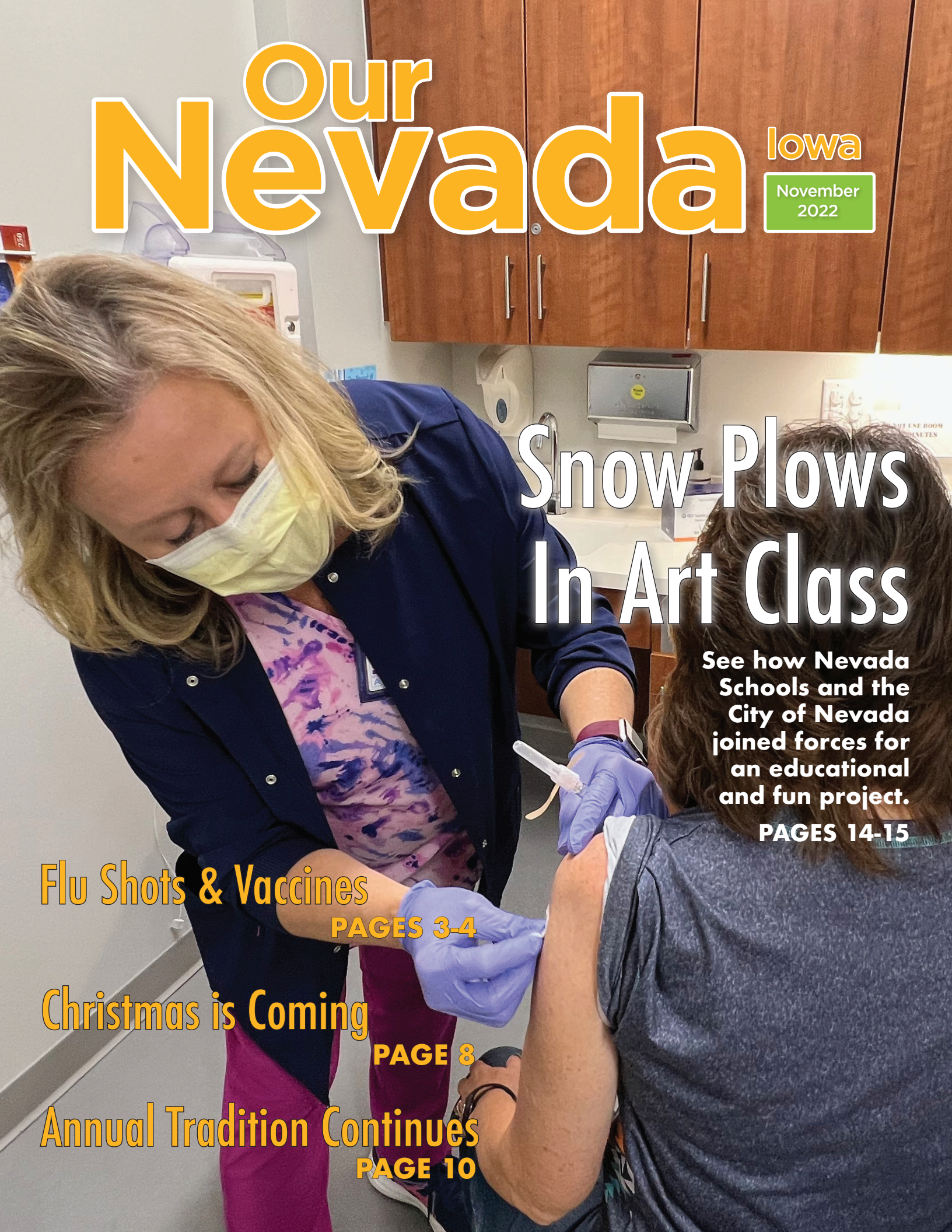
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Our Nevada Iowa

November 2022

The Opener

By Dr. Art Check
Story Medical Practitioner



When my wife, Kelly, and I decided to establish our respective practices at Story Medical here in Nevada more than two decades ago, we had high hopes. We were looking for a community where we could put down roots while delivering care in a friendly environment with a neighbor-helping-neighbor feel to it.

Now more than 20 years later, even our wildest expectations have been exceeded. Nevada has become home for us. It is the place where we hit our stride professionally and built our lives personally. It is where we have raised our children and where we have had the opportunity to deliver care to thousands.

With both Kelly and I serving as providers at Story Medical Clinic, the medical center is also a big part of our lives. We take pride working in an organization that is such a strong and integral part of our community. As one of the largest employers in town with more than 275 employees, Story Medical delivers high quality care 24 hours a day, seven days a week. At the same time, it is an economic engine that attracts patients from around the region for care, and professionals from around the state to work.

It is humbling to work in an organization so trusted by its patients and so focused on continually growing into a more and more specialized organization capable of serving patients ranging from infants to older adults.

We now offer more specialty services than ever before—including occupational health, dermatology, audiology, cardiology services, orthopedic surgery, Senior Care, and more—and remain singularly focused delivering the Best Experience Every Time.

As both Story Medical’s Medical Director and a primary care provider, I am proud to work with a team that makes your family our number-one priority.

You can learn about the diverse range of services at Story Medical or contact us to establish care with one of our Story Medical Clinic providers by visiting us online at www.storymedical.org.

Thank you for placing your trust in us. It is our honor to serve you.

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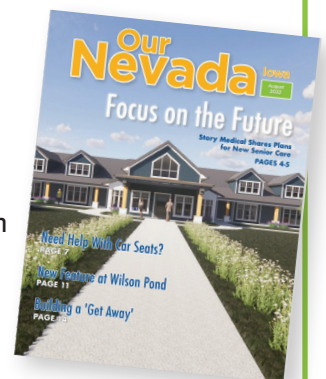
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CONTACT US

Email us at
communitynewsletter@nevadacubs.org

ABOUT OUR NEVADA

Our Nevada is a monthly joint publication between the City of Nevada, Nevada Community School District, Story County Medical Center, Story County, NEDC, and Main Street Nevada.





Story Medical Clinics Offer Annual Flu Shot

Vaccine is available in Nevada & Maxwell

Story Medical Clinics have received a supply of flu vaccine and you are encouraged - especially if you fall into a high-risk category - to schedule an appointment to get your shot as soon as possible.

Flu season typically peaks between December and February, but significant activity can occur earlier than that. The CDC recommends an annual flu vaccine for everyone 6 months and older.

Those falling in high-risk categories include young children, pregnant women, people 65 and older, and people with certain medical conditions, like asthma, diabetes or heart disease.

“Those who care for anyone at high risk, including babies younger than six months, should also make it a priority to get a flu shot,” says Dr. Audra Poterucha of Story Medical Clinic - Nevada. “Getting the flu vaccine is simple, and it’s the most important thing you can do to protect yourself and your family from the flu.”

The vaccine is available at Story Medical Clinics in Nevada and Maxwell. Story Medical Clinics also have the latest COVID-19 booster and the shots can be given together.

Appointments are available Monday through Saturday in Nevada and Monday through Friday in Maxwell during regular business hours. For more information or to schedule an appointment call the Nevada Clinic at 515-382-5413 or the Maxwell Clinic at 515-387-8815.

Adults Need Vaccines Too

We are all familiar with the critical role vaccines play in protecting our children from a host of serious illnesses. But did you know that there are also vaccines that adults should receive? Beyond the seasonal flu vaccine and the COVID vaccine and boosters, there are a handful of others adults should have. Here are five reasons the Centers for Disease Control and Prevention (CDC) says every healthy adult should be on a regular vaccine schedule:

1. Serious Disease Is Still a Threat

Vaccines have greatly reduced diseases that once routinely harmed or killed babies, children, and adults — but many are still around, even here in the United States. It is important to stay up to date on recommended vaccines to prevent diseases that can cause serious illness or death.

"Vaccine protection can fade over time," says Audra Poterucha, DO, Story Medical Clinic - Nevada. "Your primary healthcare provider can assist you in ensuring you maintain a vaccination schedule that optimizes protection."

2. Vaccines Protect You and Your Loved Ones

Vaccines are the best way to protect yourself from certain preventable diseases by helping your body create protective antibodies—proteins that help it fight off infections.

"Getting vaccinated offers you protection from getting seriously ill, while at the same time limiting the chances that a disease will spread if you do happen to get infected," says Art Check, DO, Story Medical Clinic - Nevada. "Community protection is important as it decreases the odds you will spread a disease to those who are unable to receive vaccines."

3. Vaccines Can Prevent Serious Illness

Some vaccine-preventable diseases can have serious complications or even lead to later illnesses. For them, vaccination provides protection not only against the disease itself but also against the dangerous complications or consequences that it can bring. These diseases include the seasonal flu, Hepatitis B and Human papillomavirus (HPV).

4. Vaccines Are Safe

The CDC and other experts carefully review safety data before recommending any vaccine, then continually monitor vaccine safety after approval.



See what vaccines are recommended for you and your children at [cdc.gov/vaccines](https://www.cdc.gov/vaccines)

"All vaccines have some side effects," Dr. Poterucha says. "Most people won't experience anything. But for those who do, the side effects are frequently mild and the protection offered by the vaccine far outweighs any temporary discomfort."

The CDC reports that serious or long-lasting side effects are extremely rare.

5. Vaccines May Be Required

Certain vaccines are required for school, work, travel, and more. Students, military personnel, and residents of rehabilitation or care centers must be vaccinated against diseases that circulate in close quarters.

Health care workers and others whose job puts them at risk of catching and spreading preventable diseases need to be vaccinated against them. And, of course, vaccination is required before travel to many places around the world. Because vaccination protects you and those around you, vaccines can be required for everyday activities as well as for extraordinary situations. It is important that you stay up to date on recommended vaccinations.

Cardiology Care in Nevada

Story Medical partners with UnityPoint Health Cardiology at Penn to offer diagnostics, office care and rehabilitation services focused on helping people recover from a recent hospitalization related to a heart condition. Story Medical offers care for those who have had:



- Heart attack
- Valve surgery
- Stable congestive heart failure
- Possible other diagnoses

Cardiology care at Story Medical is provided by Vishesh Kumar, MD, a board-certified cardiologist.

Dr. Kumar's clinical interests include cardiovascular care, invasive cardiology, nuclear cardiology and preventive health. His procedures include coronary angiogram, echocardiogram, stress cardiogram, transesophageal echo and nuclear stress tests. Dr. Kumar's care is patient-centered and focused on quality of life and prevention.

Dr. Kumar sees patients on a referral basis in the Outpatient Clinic at Story Medical in Nevada. Those with conditions they believe can benefit from Dr. Kumar's expertise should visit with their primary care provider about being referred or call UnityPoint Cardiology at 515-263-2400 to learn more.

News & Notes



MAXWELL CLINIC CELEBRATES ONE YEAR

The care team at Story Medical Clinic - Maxwell celebrated one year in its expanded and remodeled building on September 27.

"This is a true testament to our commitment to serving the people of Maxwell and the surrounding communities," says Michelle Jans, PA-C, who serves patients at the clinic. "In an era where small town clinics like ours are disappearing, we are thriving. Our expanded clinic offers us the opportunity to serve more patients locally than we ever have before. We love it and our patients tell us they do too."

We congratulate the Maxwell team on one year!

WORK AT STORY MEDICAL

We are always recruiting at Story Medical and currently have a number of clinical and non-clinical positions open. Learn more about what is available and apply online at storymedical.org/careers.



Bold New Sign at Emergency Entry

In an emergency, time is of the essence. New signage on the Story Medical campus is aimed at saving time by making wayfinding easier for patients in an emergency — especially those coming from out of town and not familiar with the medical center.

During October, a large lighted sign was added on the north side of the campus, adjacent to the Emergency Department. The sign provides bold directions to the Emergency entrance and is clearly visible to those exiting Highway 30 in need of timely care.



NHS Drama Celebrates 10 Years of Josephine Tope Community Auditorium

Ten years ago on a beautiful fall Friday evening, Nevada High School Drama and Vocal Departments took the Josephine Tope Community Auditorium stage for the first time and performed Meredith Wilson's *The Music Man*. That night's opening performances represented a culmination of over a decade of planning and fundraising by school and community leaders alike to bring a multi-purpose modern performing arts venue to Nevada.

In the years following, the community has continued to support the facility and its needs through sound and light upgrades, various equipment needs, the purchase of a Steinway Grand Piano, and more.

The support of the Nevada community resulted in fine arts programs that patrons in Nevada

can be proud of. The High School marching band, performance band and choirs have won many awards. Music classes from kindergarten through high school bring excellent music concerts each and every year. The High School Drama department finished last year with its highest awards to date, ranking Disney's *Beauty and the Beast* in the top ten high school musicals in the state of Iowa.

Fast forward ten years since the stage curtains were first opened to patrons, a Nevada student has stepped on stage to perform over 18,000 times. The gratitude to the community felt by every student is evident in their pride and performances.

You are invited to join NHS Drama on a fantasy adventure this fall as

they celebrate the 10th Birthday of the Josephine Tope Community Auditorium.

Peter and the Starcatcher is a wonderful look into the backstory of Peter Pan told with a fair amount of British humor and a pretty outrageous cast. The show's tickets are currently available online at <https://bit.ly/DramaTix>.

Join the cast and crew on November 3-6 as NHS Drama brings *Peter and the Starcatcher* to Nevada.



NEVADA MUSIC PARENTS

Nevada Music Parents would like to thank all the volunteers who pitched in to make the outdoor concession stand a success this fall! Additional thanks to State Bank & Trust for donating popcorn bags and Key Cooperative for donating propane.

The Nevada Music Parents are still looking for people to join the leadership board. Visit their website to join, donate, or learn more - <https://nevadamusicparents.weebly.com/>

NEVADA PRESENTS AT STATEWIDE CONFERENCE

Earlier this fall Dr. Kody Asmus, Associate Superintendent for School Improvement, represented Nevada CSD at the Future Ready Iowa Summit 2022 held in Des Moines.

The goal of that conference was to bring together over 1,000 stakeholders within the state to ask and answer challenging questions facing education & economy related concerns. More than 50 groups targeted for being innovative presented to attendees to show off what currently exists between business & education and help

provide pathways to some of those challenging questions.

Dr. Asmus presented to attendees on behalf of Nevada CSD to showcase Nevada High School's Career Occupation Related Experiences (CORE) program. The CORE program includes several internship opportunities, two state-recognized apprenticeships, a welding program, and an industrial manufacturing technician program with an Agriculture emphasis.

Additional speakers included Astronaut Raja Chari and MacArthur "Genius" grant recipient Dr. Lisa Shulte-Moore.

HOLIDAYS & CLOSINGS

The time of year is fast approaching where there are several holidays and no-school days. Please make sure these are marked on your calendar! You can also find them on the district website at nevadacubs.org.

November 11 - No School

November 24-25 - Thanksgiving

December 23 - 2 Hour Early Out

December 26-30 - Winter Break

NEVADA FFA PLACES AT DISTRICT SOILS CONTEST

A team from Nevada FFA placed 4th at North Central District FFA Soils Contest held at Ellsworth Community College in Iowa Falls recently. This placing also qualifies Nevada FFA for the state contest held at Iowa State University. The advancing Nevada team members include Lily Henderson, Kaine Albright, Nick Larson, and Keegan Wegner. For the contest students evaluate soil texture, land slope, drainage characteristics, land position, and soil structure.

Nevada FFA also had a second team that placed sixteenth, and two individuals judging. There were thirty teams at the event. In addition, thirty Nevada FFA freshmen attended the greenhand fire up held at Ellsworth Community College.

The students started studying in late August before school, evenings, and some weekends.



#NevadaCubPride
@NevadaCSD on Social Media



COMPUTER SCIENCE FOR ALL!

Students in Catie Neuman's 2nd Grade classroom at Central Elementary recently learned about inputs, outputs, and circuits while studying Computer Science.

Carrie Hillman, Technology Integration Specialist, dropped by Mrs. Neuman's classroom to help students understand concepts on how computers (and electronics) work - starting with the basics of inputs, outputs, and how that relates to circuitry and software.

Students district-wide are exposed to Computer Science concepts and standards as part of their everyday learning.





Get Ready for another fun-filled Christmas On Main this year

EVENT SCHEDULED FOR SATURDAY, DECEMBER 10, FROM 3-6 P.M.

What do glowing door knobs, hairy tarantulas, and paint/tar buckets have in common? They are among the things you will need if you choose to stay home alone this Christmas! Back by popular demand, Christmas on Main 2022: Join Us, Don't Stay "Home Alone," is celebrating one of the most beloved Christmas movies of all time.

For the last 32 years the story of Kevin McCallister's war on the "wet bandits" has brought generations of Nevadians joy and humor during the holiday season. This year's Christmas On Main brings back many of the great things from last year's event and adds new things in the spirit of "Home Alone" and the holiday season.

Stroll the downtown area and participate in not one, but TWO family search contests as both "iconic characters" and Kevin McCallister's "Battle Plan" items will be hidden around the Main Street District waiting for you to find them. Just be sure to watch out for those pesky wet bandits as you walk!

Stop into one of more than 30 participating businesses and locations for treats, crafts, and friendly conversation. Mr. and Mrs. Claus will be strolling around the district among attendees spreading holiday cheer as they go, so make sure you are on your best behavior. Remember, Santa is always watching.

Santa's personal favorite, the chili feed and cinnamon roll contest are back, but with a new location in the Methodist Church Fellowship Hall this year. Special expert judges will select this year's cinnamon roll champion. And, on the north end of the district, the American Legion will bring back another Nevada tradition: The Cookie Walk, featuring a fun selection of treats you pick out while they last!

This year's event includes too many things to list. Among the plans, and in addition to the things mentioned already in this article, are the Ugly Sweater Run (earlier in the day), Christmas Trolley (bus) rides, Christmas On Main Photo Booth, carolers, home-based vendor booths and businesses with holiday items for sale,

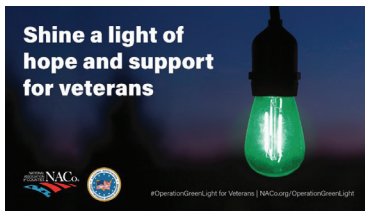
craft projects, free treats, and more!

Please make plans to come and enjoy all the festivities, and bring your family and friends, because no one should stay "Home Alone" this year!

Check out more details as the event draws near on the Main Street Nevada Facebook page. The committee plans to put out printed event maps, and printable sheets for the two searches at the Nevada Public Library and the Main Street Nevada office by Nov. 28!



Operation Green Light



Story County buildings will be illuminated green Nov. 7-13 as part of Operation Green Light, a new national collaborative initiative of the National Association of Counties (NACo) to support military veterans, as well as raise awareness about the unique challenges faced by many veterans and the resources available at the county, state, and federal level to assist veterans and their families.

In addition to lighting county buildings, residents and businesses are encouraged to participate by simply changing one light bulb in their house to a green bulb. This can be an exterior light that neighbors and passersby see, or an interior light that sparks a conversation with friends. Coloring sheets with a light bulb are being distributed to schools, and posters are going to nursing homes and retirement communities. If you would like coloring sheets or posters emailed to you, please contact the County Outreach and Special Projects Manager at lharter@storycountyiowa.gov.

By shining a green light, we let our veterans know that they are seen, appreciated, and supported.

Do I have to pay for my discharge record copy?

The Iowa County Recorders Association wants to make all veterans aware that recording or requesting military records is always free of charge for a veteran. In recent weeks, it has been reported that a third-party company has been charging veterans to record these documents. Please review the Iowa Code chapter and information regarding submitting copies of DD214 documents below. Please remember to always contact your local County Recorder for assistance recording or requesting military records.

The County Recorder's office has, on permanent record, military discharges that have been presented for recording by the veterans themselves. Pursuant to Iowa Code Chapter 331.608(6), notwithstanding section 22.2, subsection 1, such record shall be confidential and shall not be made available for examination or copying except as follows:

- To the person who is the subject of the record, to a member of that person's immediate family, or to that person's agent or representative duly authorized in writing.
- To a person requesting to examine or copy a record when the event that resulted in the record being made occurred more than sixty-two (62) years prior to the request. However, the recorder shall redact

any social security number included in a record made available pursuant to this paragraph.

- To a person who is a funeral director licensed pursuant to chapter 156 and who has custody of the body of a deceased veteran.
- When otherwise ordered by a court of competent jurisdiction.
- When otherwise required by a department or agency of the federal or state government or a political subdivision. The recorder shall make these records available to the Department of Veteran's Affairs. The Department of Veteran's Affairs and its employees shall be subject to the same state and federal confidentiality restrictions and requirements that are imposed on the recorder.

Veterans are also eligible to submit legal copies of their DD214 to the County Recorder's office in the county in which they reside. There is no fee to record the DD214. Copies of military discharge records are also free of charge. Veterans and entitled immediate family members may request in-person or complete a military discharge application. All records not recorded in your local county can be requested from the National Personnel Records Center.

For more information, please contact the Story County Recorder's Office at 515-382-7230.

Save the Date!

Story County Supermarket of Veterans Benefits

– Free Doughnuts – Free Coffee – Free Haircuts – Free Information & Services!

**When: Friday, November 18th 2022
9:00 am to 2:00 pm**

**Where: The PLEX @ Christ Community Church
5501 George Washington Carver Ave.
Ames, Iowa**

Contact: 515-956-2626 Brett McLain or 515-956-2625 Erin Rewerts

Looking for ways to have a serious impact?

BooSt Together for Children, the local area board for Early Childhood Iowa needs new board members. You can be part of addressing our communities' childcare

and early childhood needs. Your ideas and solutions are just what we need. Contact aclaman@boonecounty.iowa.gov for information or visit www.boostforchildren.org.



Story County College Access Network is building exciting partnerships with school districts, ISU, DMACC and

local www.storycountycan.org businesses to ensure our kids are prepared to grow with the amazing companies and businesses throughout Story County by supporting their many educational paths from grade school through high school and beyond. Contact storyccan2019@gmail.com for information.

CRAFT

FAIR

Annual Tradition Continues

One thing Nevada, Iowa is known for in November is the annual craft fair, put on by Women Helping Others (WHO, which was formerly ABWA, American Business Women's Association).

This year's craft fair will take place **Saturday, Nov. 12, from 9 a.m. to 5 p.m. and Sunday, Nov. 13, from 10 a.m.-3 p.m.** Vendors will be located inside Nevada High School, setting up booths in the gym, the commons, and the safe room.

The \$2 per person admission to the craft fair allows Women Helping Others to fund scholarships for students in the Eastern Story County schools of Nevada, Colo-Nesco, and Collins-Maxwell. Cindy Bartleson, a WHO member involved in planning for this year's craft fair, said those scholarships are one of the reasons she believes many have continued to come to the fair. "We've become better at promoting that the reason we hold this fundraiser is to provide educational opportunities for young people. [The importance of education] is in our mission statement and is one of our passions."

As for other reasons the event has continued to be a success, Bartleson has some ideas. First, the fair has always been a great outlet for "folks to show their wares using a face-to-face opportunity versus a strictly online venue. We have lots of repeat vendors who have been with us for many years and they establish a following," she noted. She added that she has established friendships with many of

those who set up shop at the craft fair.

Bartleson also believes the event has grown into becoming a community tradition. "It's something folks look forward to. And don't forget our famous 'beef burger,'" she said. The sandwich is provided at the concessions during the craft fair, as are two other favorites - cinnamon rolls and pie! New to the concessions stand this year will be the acceptance of Venmo, which people had requested in the past.

At the time this article was written, vendors were still signing up, so Bartleson didn't have an exact number of how many vendors would be on hand. She said they have space for around 150.

She provided a short list of some of the items shoppers will find at the fair: spice mixes, wooden crafts, rugs, clothing items, repurposed items, decorations, jewelry, and baked goods. "And we have new items come in every year. There's never a shortage of creative people out there. It's amazing."

The craft fair also has a separate space for direct distributors, she added.

Women Helping Others is 14 members strong and all members will help during the weekend. "Come see us on Nov. 12 and 13," Bartleson said.

Thanksgiving meal for senior residents coming up Nov. 22

The Nevada Parks & Recreation Department's tradition of serving senior residents a Thanksgiving meal will continue this year on Tuesday, Nov. 22. Seniors can decide to dine in, or pick up their meal.

This year's Thanksgiving meal will be held at Memorial Lutheran Church, 701 11th St., in the Fellowship Hall. Serving begins at 11:30 a.m. for those dining at the church. For those picking up meals to take home, please drive up to the south door of the church between 11:45 a.m. and 12:15 p.m. to pick up your meal.

All senior residents of our community are invited, along with their friends and guests. The meal will include turkey, mashed potatoes, stuffing, green bean casserole, scalloped corn, dinner rolls, and dessert.

A meal donation of \$8 per person is requested. **Please call the Nevada Parks and Recreation Department at 515-382-4352 to RSVP by Tuesday, Nov. 15.** A special thank-you goes out to Memorial Lutheran Church for the use of their facility.



Christmas On Main committee announces first-ever commemorative ornament



Christmas On Main 2022 Commemorative Ornament

Christmas On Main 2022: *Join Us, Don't Stay 'Home Alone'* will happen Saturday, Dec. 10, from 3-6 p.m. in the Nevada Main Street District. For those who didn't attend the first Christmas On Main, be sure to plan on attending and visiting all the open businesses and stores for holiday treats and surprises this year.

One exciting new addition to the 2022 Christmas On Main is the sale of a commemorative Christmas ornament, available in limited quantity.

Nevada Parks and Recreation has assisted the Christmas On Main committee with listing the Limited Edition Ornament on their program website: <https://info.abcsportscamps.com/nevada-iowa>. By going to this website,

and scrolling to the bottom of the main page, you will find a link to purchase a \$15 ornament until the limited number available is sold out.

"We loved the vintage main street holiday feel of the ornament we chose," said Marlys Barker, who chairs the Christmas On Main committee. "If we have good sales this year, we may offer new ornaments for future celebrations."

Read more about Christmas On Main on the Main Street Nevada page in this issue. The event is going to be much like last year's event, with not one, but two family "selfie" searches, a few new surprises, and a fun "Home Alone" movie theme.

November starts home fire season

By Ray Reynolds, Director of Fire and EMS

As November arrives, your fire department ramps up messages related to preventing home fires. Your risk of a home fire rises dramatically in the months of November through February. Some of the fires are directly related to cold weather. Do you know about the risks of winter home fires?

- **Unattended cooking:** People cook more in their own kitchen during cold weather. Did you know unattended or distracted cooking is the #1 cause of home fires in America? It is easy to inadvertently walk away from the stove while cooking. Cell phones, kids, or even home chores draw people from their cooking.

Prevention tip: Always stay in the kitchen when cooking. Setting an egg timer for 5-10 minutes will remind you to stay near the stove. Have a fire extinguisher in your kitchen or purchase a stove-top fire-stop extinguisher device to mount above your stove.

- **Unorthodox heating devices:** Winter is the time of year when people turn to space heaters, kerosene heaters, or plug-in heaters to provide extra heat. These appliances are designed to provide temporary heat and are not intended to be a perma-

nent source of heat for your home. I have investigated fatal space heater fires where a blanket was kicked off the bed onto the space heater during the night.

Prevention tip: Be awake, be in the room where space heaters are present, and be sure to shut off those auxiliary heaters when you leave the room or go to sleep.

- **Fires related to fireplaces and candles:** Winter seems like the perfect time to have a fire in a fireplace or light some candles for the holidays.

Prevention tip: Never leave a candle unattended. An interesting fact, pets knocking over candles are a common cause of candle-related fires. The scented candles lit to bring joyful holiday scents to your home are also the most common cause of candle-related fires. Your fireplace and chimney should always be cleaned before winter. You can hire a chimney sweep company to clean and inspect your fireplace and chimney.

- **Extension cord use:** Over-extending electrical services or using extension cords as permanent electrical wiring contributes to electrical related fires. This is more prevalent during the holiday season. Strings of holiday lights

and extension cords tax electrical systems.

Prevention tip: Assure holiday lights are UL approved and have a UL sticker or tag on them. Limit extension cord use. Extension cords are designed for temporary use only. It is safest to plug electric cords directly into an outlet. Consider unplugging extension cords at night.

The installation of residential fire sprinklers and/or the installation of smoke alarms can dramatically reduce your risk of dying in a home fire. It is quite common for the fire department to respond to homes and find an inadequate number of smoke alarms. Smoke alarms should be installed in every bedroom, in every hallway, and on each floor of your home. That is the minimum number needed for your safety. In 30 years of firefighting, one of the most repeated phrases heard after a fire, "I didn't think it would ever happen to us!" Fire is everyone's fight! Help us keep your family safe by following these safety tips.

If you have questions or would like our department to conduct a fire safety walk-through of your home, email me at rreynolds@cityofnevadaiaowa.org.

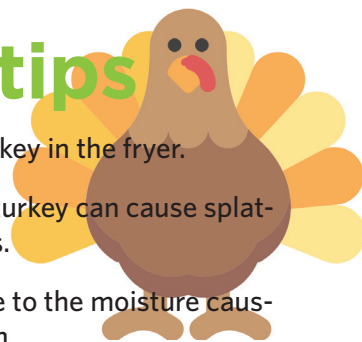
Frying your turkey? Use these tips

As the holidays are coming here are a few safety tips to know when frying a turkey.

- Always read the directions on the fryer you buy.
- Never use a propane-fueled fryer indoors and stay a safe distance away from structures.
- Always place the fryer on a stable, hard, level surface.
- The temperature of the cooking oil can reach its flash point and self-ignite if not controlled.
- If splashed or spilled, the hot oil will cause severe burns.
- Be extremely careful when putting the turkey in and bringing the turkey out of the fryer.

- Never put a partially defrosted turkey in the fryer.
- The moisture from the unthawed turkey can cause splattering of the hot oil and cause burns.
- Never cook in the rain or snow due to the moisture causing splatter or even turning to steam.
- Check the radar prior to frying the turkey and know weather expectations for the day.
- Remember to keep small children and kids away from the fryer as the temperatures can cause severe burns.

For other references you can go to the city website and find more information on turkey fryer safety.



Hunger...if only books could cure it

The Community Cupboard has seen a 20 percent increase in guests in 2022 and anticipate a 25 percent increase through the holiday season compared to last year. Additionally, the Nevada Public School District has a 37 percent free and reduced meal rate that also provides these students in grades 5-12 with the Backpack Buddy program; this program provides them with weekend food.

Nov. 12-22 is National Hunger and Homeless Awareness Week and the Nevada Public Library is collecting food and personal care items throughout the month of November. All items collected will be given to Cubbie's Cupboard or the Nevada Community Cupboard to support our local community.

Let's make sure everyone in our community has a happy holiday season!



News & Notes

City offices closed for holidays

Offices will be closed Friday, Nov. 11, in observance of Veterans Day.

Offices will be closed on Thursday, Nov. 24, and Friday, Nov. 25, in observance of Thanksgiving.

Library closed on these dates

The Nevada Public Library will be closed Friday, Nov. 11, for staff development; and on Thursday and Friday, Nov. 24 and 25, for the Thanksgiving holiday.

Grounds for Murder Book Club

Do you love mystery and suspense? Join the Nevada Public Library's brand new mystery book club. Whether you're a fan of thrillers, procedurals, or cozies, we have you covered with a different book every month. The November meeting of this club will be held Saturday, Nov. 5, from 10-11 a.m. at the library's meeting room.

Tech support help offered at library

Do you need some basic technology help or want to find out more about using the library's digital resources? Let Erin help you. Bring your device (laptop, Kindle, phone, etc.) to the library on Tuesday, Nov. 8, from 1-2 p.m., and let Erin help you with basic technology questions and issues.

Medicare program at the library

Medicare Made Clear: Your Guide to Navigating Medicare Plans and Understanding Costs is a program to be held at the library on Tuesday, Nov. 22, from noon to 1 p.m. in the meeting room.

During this program, Tucker Mitchell of American Republic Insurance Services, will help attendees to better understand Medicare options. He'll cover when and how to enroll, Medicare Advantage vs. Medicare Supplement, differences in Medicare vs. Medicaid, how to be most effective when enrolling in Medicare, and Part A vs. Part B and premium amount.

Attendees will also have time to ask questions.



Some Nevada elementary students pose with City Streets staff and three of the painted plow blades.

Snowplow art project has kids ready for first big snowfall

Many of Nevada’s Central Elementary students — and their art teacher “Miss Sandra” — are excited to see the first measurable snowfall this year. They are looking forward to having the six plows they painted this fall out on the streets.

Having students paint the blades of the City snowplows is an idea from Nevada’s former public works director, Jeremy Rydl, who is now working for the City of Ankeny. “Des Moines used to do this (paint plow blades) years ago,” Rydl said. He isn’t sure if they still do it or not. “When I was working for the DOT, we used to have elementary kids come out for tours, and they always loved seeing the snowplows.”

Finding support for the idea with the City of Nevada administration, Rydl approached the school district, thinking about what a great educational opportunity it could be, as kids love hands-on projects.

Miss Sandra (Sandra Nyberg, who is in her second year of teaching at Central and her 12th year of teaching overall) agreed that it was a great educational opportunity. “Everything we do in art is rooted in ‘social emotional learning,’” she explained. “This project authentically teaches the lifelong skills of collaboration, communication, self-management, and peer support. Additionally, I hope by having their artwork displayed in their community, they understand and believe that they are artists with voices that are valuable and worthy of sharing.”

Students in the 19 first- through fourth-grade classrooms (both multi-age and graded) took part. Most classes painted during two art class periods.

“Prior to actual painting, students were introduced to the project and individually created original designs for the blades,” Nyberg said. Several designs had recurring themes, such as Nevada Cub pride.

“The student designs were voted on and then simplified or slightly altered to better meet the skill levels of all painters and ages,” she said.

The three themed designs — Cub Pride, USA pride, and a monster mouth — were worked on during the first week. Once those were completed, the second week of painting involved three more blades that students could paint on with their own original artwork anywhere on the blade.

“I wanted to balance the skills of collaborating and teamwork (during the first week) with those of originality and individual authenticity (during the second week),” Nyberg said.

The project energized students, who Nyberg said were greeting her early in the morning in the first weeks of school “enthusiastically counting down the days” until their class would have a turn painting.

Nyberg wishes to thank Joe Mousel, Nevada Streets



Superintendent, and other streets department workers for their help. "I didn't conceive how much space (the blades would need) or what pick-up and drop-off of the blades would entail, but they made it happen," she said. The school allowed the blades to be located on the lawn by the maintenance shed across the street to the west of the elementary school.

Nyberg also thanks school maintenance employee Doug Vaughn for his help working with the City on the logistics of the project, and Sherwin Williams for providing paint at a discount.

Central Elementary Principal Chris deNeui complimented Nyberg for taking on a project she had never done before and making it happen. "Sandra's vision for this and her dedication to this project is the only reason it has worked. She is the driving force," deNeui said.

Nyberg is thankful to be teaching in the Nevada Community School District. "I still walk in and wonder how I get to be so lucky to be at this school with these kids, working among the best of the best. My administrators and colleagues constantly impress and inspire me. It is an absolute blessing to be the elementary art teacher at Central Elementary in the City of Nevada, IA."



HERE'S WHAT RESIDENTS NEED TO KNOW ABOUT SNOW

Throughout the winter/spring season (until May 31), the City of Nevada has parking restrictions for snow removal. Anytime 1 inch of snow or more falls, the snow emergency is in effect. This means no vehicle can be parked on or in a City street, City alley, or a City parking lot until the snow is removed. Signs are posted throughout the City with the snow emergency information.

The snow emergency helps City crews to remove all snow from public streets, alleys, and lots. It also reduces the risk of snow and ice buildup in these areas, which can be hazardous to vehicles and pedestrians.

City leaders put it this way: "Please help us to help you."

If vehicles are moved, the roughly four-hour snow removal process involving seven trucks, can be completed efficiently. It is also important that people don't push their snow into the street.

"We usually try to be out by 3 a.m. with a goal of having streets cleared by 7 a.m.," said Joe Mousel, Nevada Streets Superintendent.

Depending on snowfall timing, trucks can be out any time, usually between 3 a.m. and 9 p.m., working on snow removal during snow events.

Vehicles that are parked on the city streets, alleys, or in parking lots during these events face possible fines and/or having their vehicle towed at the owner's expense.

If you have a fire hydrant in front of your house, it is greatly appreciated for you to clear the snow around it. Although this is not a requirement, it can save valuable time for firefighters which can have a large impact on safety as well as reduce the amount of time to put the fire out.

Postal Customer

Calendar of Events

BOARD OF SUPERVISORS

Nov. 8, 15, 22, 29
10 a.m.
Story Co Admin Bldg,
Nevada

ELECTION DAY

Nov. 8
Polls open from 7 a.m.
to 8 p.m. Find your poll-
ing place at [https://apps.
storycounty.com/election-
pollingplace/](https://apps.storycounty.com/election-pollingplace/)

STORY MEDICAL BD OF TRUSTEES

Nov. 3, 11:30 a.m.
Story Medical Center

FRIENDS OF LIBRARY BOOK SALE

Nov. 4, 11 a.m.-2 p.m.
Nov. 5, 10 a.m.-2 p.m.
Nevada Public Library

NCSD SCHOOL BOARD

Nov. 7 & 21, 6:30 p.m.
Gates Memorial Hall
Auditorium

MSN/NEDC ANNUAL DINNER

Nov. 10
5:30 p.m.
Gatherings
Debi Durham,
Director Iowa
Economic Development
Authority will be the guest
speaker. Use QR Code
above to register.



SCAN ME

NEVADA HISTORICAL SOCIETY PAWS FOR CLAUS

Nov. 12, 9 a.m.-2 p.m.
Evergreen Lane
Have your pet photo-
graphed with Santa.

NEVADA HISTORICAL SOCIETY BAZAAR

Nov. 12, 9 a.m.-4 p.m.
Nov. 13, 9 a.m.-2 p.m.
Evergreen Lane
Holiday treasures for sale.
Proceeds benefit the histor-
ical society.

NEVADA CRAFT FAIR

Nov. 12, 9 a.m.-5 p.m.
Nov. 13, 10 a.m.-3 p.m.
Nevada High School

SENIOR CENTER POTLUCK

Nov. 14, 11:30 a.m.
Senior Center (by City
Hall)

STORY COUNTY CONSERVATION BOARD

Nov. 14, 5:30 p.m.
Conservation Center,
56461 180th St., Ames

CITY COUNCIL

Nov. 14 & 28, 6 p.m.
City Hall

AMERICAN LEGION AUXILIARY SOUP & SALAD LUNCHEON

Nov. 15, 11 a.m.-1 p.m.
American Legion Post
Cost is \$10 per person.

MAIN STREET NEVADA LUNCH & LEARN

Nov. 15, 12-1:15 p.m.
Copper Spaces
Learn2Earn, financial
goals & planning for small
business

MAIN STREET NEVADA MIX N MINGLE

Nov. 16, 4-6 p.m.
Indian Creek Country
Club

AMERICAN LEGION FISH FRY

Nov. 18, 5-7 p.m.
American Legion Post
Suggested donation \$10
per meal (\$5 for children
10 and under)

NEVADA PARKS & REC THANKSGIVING MEAL

Nov. 22, 11:30 a.m.
Memorial Lutheran
Church
For senior residents. Must
RSVP by Nov. 15 (See page
11 for more details.)