## **Local Wellness Policy Progress Report**

**School Name: Nevada CSD** 

**Wellness Policy Contact: Committee** 

**Date Completed: 1-5-24** 

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

#### **Nutrition Education and Promotion Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	Cindy Smith (Curriculum Director)	Х			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. Smart Snack Nutrition Standards	Committee	х			Reviewed with committee & buildings	
3.						

### **Physical Activity Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.At least 20 Minutes a day Activity	Committee	х			In wellness policy	
2.						

#### **Other School Based Activities Goals**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Mileage club, Charity Walks, Track & Field day	Committee	х			Events throughout the year	
2.						

# Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.	Committee	х			Reviewed with committee &	
Smart Snack compliance					Buildings	
2.						

## Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Policy not in place	committee			х		Will review with committee and Admin.
2.						

### **Polices for Food and Beverage Marketing**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of	List next steps that will be taken to fully implement and/or expand on goal.
					implementation.	
Promote School meal programs to district			х			Send out more communication to stakeholders
2.						

This institution is an equal opportunity provider.